Student Survival Tips for the Middle School Transition

Middle school is a great opportunity to meet new people and begin to explore who you are and what you want to do with the rest of your life. It can also be a difficult time, as there are a lot of things that are changing in your life. You are meeting new people. There are more choices and decisions to make. Instead of being in one classroom with one teacher all day, you now have multiple teachers. You no longer stay in one classroom; instead, you must switch classes for different subjects. You will be faced with more responsibilities. Here are a few tips to help you with the middle school transition. Don't be afraid to ask your teachers, counselors or staff at your school if you need help.

1. Get organized

- Use your Boyertown Middle School assignment book.
- Keep your locker and backpack cleaned out.
- Keep your materials for class organized (color coded, separate binders/folders for classes, etc.)

2. Do your homework.

- You will have more homework.
- Schedule your time wisely.
- Allot a certain amount of time every night for homework and study.
- Don't wait until an assignment is due start early.
- Keep track of your homework assignments and their due dates. Check home access center and your teachers' classroom websites.
- If you are absent, check in with your teachers.

3. Talk to your Teachers

• Ask questions. If you are unsure of an assignment, what you need to be doing, or of anything, just ask. Your teachers are there to help you.

4. Get involved in extra-curricular activities

- Find things that you enjoy sports, clubs, activities, and get involved. This is a great way to meet new people and to have fun.
- Listen to the morning announcements for upcoming events, activities, etc.

5. Be a responsible student

- Turn your homework in on time, ask questions and take advantage of extra-credit opportunities if available.
- Remember to get absent work and check-in with your teachers when you return.
- Attend classes with all your necessary materials.
- Pay attention and participate in class.

6. Stay Healthy

- Get a good night's sleep and eat a good breakfast before school.
- 7. Talk to your parents and keep them informed of what is going on in your middle school life.
- 8. Find an adult you trust to talk to when you have problems.
 - Please contact or see your school counselor if you have any problems or concerns.

9. Choose your friends wisely.

10. Come to school and have fun.